


3/1/2010

 Mat & Ball Pilates	<u>Mon</u>	<u>Tue</u>	<u>Wed</u>	<u>Thu</u>	<u>Fri</u>	<u>Sat</u>	<u>Sun</u>
			<p>Mat Pilates Carolyn 11:00am - 12:00pm</p> <p>Mat Pilates Angelique 5:30pm - 6:30pm</p>		<p>Mat Pilates Lisa 10:15am - 11:15am</p>		