

UNLIMITED MASSAGES!



Rejuwa Wave
Hydromassage Tables

KNOWN PHYSIOLOGICAL EFFECTS OF MASSAGE

- Muscle relaxation
- Increases local blood supply to soft tissue, muscle and joints
- Increased drainage and reduction of swelling in soft tissue, muscle, and periarticular regions
- Increased venous and lymphatic return, augmenting reduction of edema
- Prevents adhesions and fibrosis in muscles and ligaments
- Decreased tendency towards muscle atrophy during long periods of immobilization or disuse
- Pain reduction and interruption of pain sensation cycle resulting in increased ease of mobility

KNOWN PHYSIOLOGICAL EFFECTS OF HEAT

- Analgesic
- Antispasmodic - Heat is generally considered to produce a relaxation effect and also also increases the elasticity in connective tissue
- Decongestive - Increased blood flow and oxygen necessary in aiding in nutrients and enzymes for many types of injuries
- Sedative - Heat helps decrease spasticity, tenderness and spasm
- Local vasodilatation - Increase local metabolic rate (increased heart rate)

See the Front Desk for more details. Enjoy!